# GRACE REFORMED BIBLICAL COUNSELING

***(A Ministry of Grace Reformed Presbyterian Church)***

## 1111 Myers Street Greeneville, TN 37743 423-523-9124

**PERSONAL DATA INVENTORY**

**INDENTIFICATION DATA:**

Name: Phone: Cell:

Address: State: Zip Code:

Occupation:

Sex: Birthdate: Age: Email:

Marital Status: Single: Going Steady: Married: Separated: Divorced: Widowed:

Education: (last year completed) Other Training (list type and years)

Referred here by: Address:

**HEALTH INFORMATION:**

Rate your health: (check): Very good: Average Declining Other

Weight changes recently: Lost: Gained:

List all important present or past illnesses or injuries or handicaps:

Date of last physical examination: Report:

Your physician: Address:

Are you presently taking medication? Yes No State circumstances:

Are you willing to sign a release of information form so that your counselor may write for social, psychiatric, or medical report? Yes No

**RELIGIOUS BACKGROUND**

Denominational Preference Member:

Church attendance per month (circle) 0 1 2 3 4 5 6 7 8 9 10+

Church attended in childhood: Baptized: Yes: No:

Religious background of spouse:

Do you consider yourself a religious person? Yes No Uncertain

Do you believe in God? Never Occasionally Often

Are you saved? Yes No Not sure what you mean

How frequently do you read the bible? Never Occasionally Often

Do you have regular family devotions? Yes No

Explain recent changes in your religious life, if any:

**MARRIAGE AND FAMILY INFORMATION:**

Name of spouse: Address:

Phone: Occupation:

Your spouse’s age: Education (in years): Religion:

Is spouse willing to come for counseling? Yes No Not sure

Have you ever been separated? Yes No When?

Have either of you filed for divorce? Yes No When?

Date of marriage: Your ages when married: Husband Wife

How long did you know spouse before marriage?

Length of steady dating with spouse Length of engagement

Give brief information about any previous marriages:

Information about children:

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **PM\*** | **Name** | **Age** | **Sex** | **Living** | **Deceased** | **Education in Years** | **Marital Status** |
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***\*Check this column if child is by previous marriage***

If you were reared by anyone other than your own parents, briefly explain:

How many older brothers sisters do you have?

How many younger brothers sisters do you have?

Have there been any deaths in the family during the last year? Yes No

If yes, who and when?

**PERSONALITY INFORMATION:**

Have you used drugs for other than medical purposes? Yes No If yes, what?

Have you ever had a severe emotional upset? Yes No If yes, please explain:

Have you ever had any psychotherapy or counseling before? Yes No

If yes, list counselor or therapist and dates:

What was the outcome?

*Circle any of the following words that best describe you now*: Ambitious Self-confident

Persistent Nervous Hardworking Impatient Impulsive Moody

Often-blue Excitable Imaginative Calm Serious Easy-going Shy

Good-natured Introvert Extrovert Likable Leader Quiet

Hard-boiled Submissive Self-conscious Lonely Sensitive Other

Have you ever felt people were watching you? Yes No

Do people’s faces ever seem distorted? Yes No

Do you ever have difficulty distinguishing faces? Yes No

Do colors ever seem too bright? Yes No

Are you sometimes unable to judge distance? Yes No

Have you ever had hallucinations? Yes No

Is your hearing exceptionally good? Yes No

Do you have problems sleeping? Yes No

How many hours of sleep do you average each night?

**BRIEFLY ANSWER THE FOLLOWING QUESTIONS:**

1. What is your problem or reason for coming for counseling?
2. What have you done about it?
3. What do you want me to do? (What are your expectations in coming for counseling?)
4. What brings you here at this time?
5. Is there any other information I should know?

# Grace Reformed Presbyterian Church

##### Biblical Counseling Ministry

1111 Myers Street, Greeneville, TN 37743 (423) 523-9124

### INCOMING INFORMATION RELEASE

To: DATE:

Address:

is involved in counseling with Rev.

(Name of client)

Carel van der Merwe of The Biblical Counseling Center of Grace Reformed Presbyterian Church. We would appreciate your sending any information that you have that would assist us in working with this person. Feel free to contact us if you have any questions. Thank you in advance for your assistance.

Sincerely,

Carel van der Merwe, Pastor

I hereby give permission to Rev. Carel van der Merwe of The Biblical Counseling Center of Grace Reformed Presbyterian Church, Greeneville, TN to receive any medical, psychological, educational, or social reports concerning:

NAME: BIRTH DATE:

ADDRESS: SEX:

PHONE:

(Signature of Client) (Date)

(Signature of Witness) (Date)

This request expires in six months or when the counseling relationship is terminated – whichever occurs later. The client has the right, however, to revoke this consent at any prior time.

# Grace Reformed Presbyterian Church Biblical Counseling Ministry

# ARE YOU INTERESTED IN PASTORAL COUNSELING?

Have you been having trouble? Don’t know what to do or where to turn? The staff of The Biblical Counseling Center want you to know that they are available to help. You may apply for help by phoning the church at (423) 523-9124. There are, however, several conditions upon which outside counseling cases will be initiated. They are as follows:

1. Counseling of members of the Grace Reformed Presbyterian Church always takes precedent over all outside counseling.
2. Counseling will be done by one pastor or ACBC (Association of Certified Biblical Counselors) certified counselor.
3. Counselor Training - As part of our Counselor training, we sometimes will have trainees join with a more seasoned counselor in a team counseling situation or as an observer. Please be assured that every person involved in your counseling process is deeply committed to your confidentiality. In addition, each person in the room (never more than 2) is part of the Counseling Team and has undergone counseling training and is pursuing ACBC certification.
4. All counseling will be conducted in accordance with the pastor’s understanding of the Scriptures. Your counseling will be biblical; pastoral in which the Scriptures are in all cases the final authority. If you are not sure that you will be interested in Biblically-based counseling, you will be given the option of attending one or two sessions to discover what Biblical counseling is like. If you are unwilling to use the Bible as the final authority in counseling, sessions will be terminated.
5. If you are a member of another church, it may be necessary for your pastor to be notified and to allow him to accompany you to counseling sessions. This is important since we want to recognize and respect the authority and the discipline of other congregations. And, in addition, this makes transfer back to the pastoral care of your church a lot easier to affect. Pastoral notification will be determined case by case.
6. At any time during counseling, for reasons sufficient to himself, the counselor – as also the counselee shall have the option of terminating counseling.
7. Information disclosed in counseling sessions will be held confidential only as the counselor believes the Bible requires. Absolute confidentiality is not Scriptural; matters of church discipline (cf. Matthew 18:15ff.) for instance, under certain circumstances, require one to disclose facts to others.
8. All counseling is done free of charge as a ministry of Grace Reformed Presbyterian Church of Greeneville, TN. Sometimes, out of gratitude, one may wish to express thanks in a tangible way. In such cases, checks should be made out to the church, not the pastor’s or counselor’s name.
9. It should be understood that Biblical counseling consists of giving of Scriptural advice and the practical application of the same to each individual. Yet, the counselee is held fully responsible for how he implements that advice.

We are confident that the Bible has all of the information necessary for life and godliness. There are no problems between persons that the Bible fails to address either in general or specific principles. While our counselors do not pretend to know all there is to know about Biblical teaching and its application to life, nevertheless, they do know much and will do their utmost to help you.

Counselors will honestly tell you if they are stymied and will seek help. If you are interested in counseling, kindly sign below as indicated.

I have read the conditions for counseling set forth in this paper and agree to enter into counseling in accordance with them.

Signed: Date: